Stretch to End Lupus

A WEEKEND OF YOGA FOR A CAUSE INSPIRED BY THE YOUNG LEADERSHIP COMMITTEE

JUNE 15-16, 2019

Help us fulfill our vision of a life free of lupus. Your studio or fitness facility can participate:

1. Dedicate proceeds from your yoga classes to the Lupus Foundation or plan a special "Purple Pose" session encouraging donations.

2. We will promote your participation and provide flyers, social media images, literature, and help you make the most of your event.

3. Tag us in your #stretchtoendlupus day posts and join a community of dedicated advocates working to end this cruel and mysterious disease.

Help Us Solve
The Cruel Mystery
LUPUS™
FOUNDATION OF AMERICA

Commit your support!
Contact Monica Smith at smithm@lupus.org
or call 917-608-4785.

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LUPUS FACTS

- Approximately 1.5 million Americans are living with this cruel & chronic autoimmune disease that can impact any organ of the body - most commonly the joints, skin, lungs, heart, kidneys, and brain.
- Lupus is generally diagnosed between the ages of 15 - 44, a time in life where it impacts health, well-being, relationships, career, and finances.
- 90% of those diagnosed with lupus are female.
- Lupus is a leading cause of death in young women, but it often goes unreported.

The Lupus Foundation of America works to improve the quality of life for all people affected by lupus through programs of research, education, support and advocacy. Learn more at lupus.org.

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Yes, sign me up for Stretch to End Lupus!

☐ We will organize a "Purple Pose" session/day. Tell us more about how we can maximize our support and expand the event.

☐ We will donate proceeds from the day or weekend. Please indicate the number of classes and dates: _____

☐ We will dedicate the proceeds from one class. Please indicate the date and time: _____

CONTACT NAME: _____

EMAIL: _____ PHONE: _____

STUDIO NAME: _____

ADDRESS: _____

WEBSITE: _____ INSTAGRAM: _____

Please submit this form to Monica Smith at smithm@lupus.org .

Help Us Solve The Cruel Mystery

LUPUS™ FOUNDATION OF AMERICA

Lupus Foundation of America Northeast Region
315 West 36th Street
New York, NY 10018
866-225-0348 lupus.org/northeast